

## PACKAGE LEAFLET: INFORMATION FOR THE USER

### Topogyne 400 microgram tablets

Misoprostol

**Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.**

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects talk to your doctor. This includes any possible side effects not listed in this leaflet.

#### **What is in this leaflet:**

1. What Topogyne is and what it is used for
2. What you need to know before you take Topogyne
3. How to take Topogyne
4. Possible side effects
5. How to store Topogyne
6. Contents of the pack and other information

#### **1. What Topogyne is and what it is used for**

Topogyne tablets contain misoprostol, which is similar to a chemical substance called 'prostaglandin' that your body produces naturally. Misoprostol triggers contractions of the womb and softens the cervix. Topogyne is used after taking another medicine called mifepristone for termination of pregnancy. It should be taken no later than 49 days after the first day of your last menstrual period.

#### **2. What you need to know before you take Topogyne**

##### **Do not take Topogyne**

- if you are allergic to misoprostol, any other prostaglandin or any of the other ingredients of this medicine (listed in section 6)
- if the pregnancy has not been confirmed by ultrasound scan or biological tests
- if the first day of your last period was more than 49 days (7 weeks) ago
- if your doctor suspects an ectopic pregnancy (the egg is implanted outside the womb)
- if you cannot take mifepristone (mifepristone is used in combination with Topogyne)

##### **Warnings and precautions**

Talk to your doctor before taking Topogyne

- if you have liver or kidney disease
- if you suffer from anaemia or malnutrition
- if you have cardiovascular disease (heart or circulatory disease)
- if you are at increased risk of cardiovascular disease. Risk factors include being aged over 35 years and a cigarette smoker or having high blood pressure, high blood cholesterol levels or diabetes
- if you have an illness that affects the clotting of your blood
- if you have had a previous caesarean section or surgery of the womb

If you use a contraceptive coil, it must be removed before you take the first medicine, mifepristone.

Before taking mifepristone and Topogyne your blood will be tested for Rhesus factor. If you are Rhesus negative your doctor will advise you of the routine treatment required.

### **Other medicines and Topogyne**

Tell your doctor if you are taking, have recently taken or might take any other medicines, including medicines obtained without a prescription.

In particular tell your doctor if you are taking any of the following

- Non-steroidal anti-inflammatory drugs (NSAIDs) such as acetylsalicylic acid or diclofenac
- Antacid medicines or an antacid medicine containing magnesium (used to treat heartburn and acid indigestion)

### **Pregnancy, breast-feeding and fertility**

#### Pregnancy

Failure of pregnancy termination (continuing pregnancy) after taking Topogyne after the first medicine (mifepristone) has been associated with birth defects. Defects in newborns have also been seen when this medicine is taken on its own. You **must** take the other medicine, mifepristone, 36 – 48 hours before taking Topogyne.

The risk of failure of this medicine increases

- If it is taken later than 49 days after the first day of your last menstrual period
- If it is not taken orally
- With the duration of the pregnancy
- With the number of pregnancies you have had before

If termination of the pregnancy fails after taking this medicine there is an unknown risk to the foetus. If you decide to continue with the pregnancy, careful pre-natal monitoring and repeated ultrasound examinations, with a special attention to the limbs, in a specialised clinic must be carried out. Your doctor will advise further.

If you decide to continue with the termination of the pregnancy a new procedure will be used. Your doctor will advise you of the options.

You should avoid getting pregnant again before your next period after taking this medicine. You should start contraception immediately after the termination of the pregnancy is confirmed by the doctor.

#### Breastfeeding

If you are breast-feeding, talk to your doctor before using this medicine. Do not breastfeed while taking mifepristone and misoprostol as these medicines are passed into breast milk.

#### Fertility

This medicine does not affect fertility. You can become pregnant again as soon as your termination is completed. You should start contraception immediately after the termination of the pregnancy is confirmed.

### Driving and using machines

This medicine can cause dizziness. Take special care when driving or using machines after taking this medicine until you know how Topogyne affects you.

### 3. How to take Topogyne

Always take this medicine exactly as your doctor has told you. Check with your doctor or pharmacist if you are not sure.

#### Dosage in Adults

- One tablet to be taken orally.

#### Taking the Tablet

- Swallow the tablet whole with a glass of water,
- **36 to 48 hours after taking 600mg of mifepristone**
- You need to rest for at least 3 hours after taking this tablet.
- If you vomit within 30 minutes of taking the tablet, talk to your doctor immediately. You will need to take another tablet.

#### Important things to remember when taking this medicine:

**This tablet must be taken orally**

**Topogyne must be taken 36 – 48 hours after taking 600 mg of mifepristone**

**If you do not follow these instructions the risks associated with this medicine will increase**

The schedule for taking Topogyne will be as follows.

- 1) At the prescribing centre you will be given the first drug mifepristone, which must be taken orally.
- 2) 36 – 48 hours after this, you will take Topogyne orally. You must rest for at least 3 hours after taking this medicine.
- 3) The embryo may be expelled within a few hours of taking Topogyne or during the next few days. You will have vaginal bleeding which will last for an average of 12 days after taking the first drug, mifepristone, and the flow will become lighter as time continues.
- 4) **You must return to the centre within 14 - 21 days of taking the first medicine, mifepristone, for a check-up consultation to make sure the expulsion is complete.**

#### Contact your prescribing centre immediately:

- **if you have vaginal bleeding for longer than 12 days and/or if it is very heavy (e.g. you need more than 2 sanitary pads per hour for 2 hours)**
- **if you have severe abdominal pain**
- **if you have a fever or if you are feeling cold and shivering.**

#### Other important points to remember:

- Vaginal bleeding does not mean the expulsion has been completed.
- Do not take this medicine if the blister foil is damaged or if the tablet has been stored outside the packaging
- The risk of side effects increases if you take this medicine later than 49 days after the first day of your last menstrual period or if you do not take it orally.

If pregnancy continues or expulsion is incomplete, your doctor will advise you of the options for termination of the pregnancy.

**It is recommended that you do not travel too far away from the prescribing centre until the check-up consultation is done.**

In case of emergency or if you have any questions, telephone or visit your prescribing centre. You do not have to wait for your check-up appointment.

#### **Use in children**

Only limited data is available on the use of misoprostol in adolescents.

#### **If you take more Topogyne than you should**

If you take too many tablets, contact your doctor immediately or go to the nearest hospital casualty department.

The doctor will give you the exact amount of Topogyne; it is therefore unlikely that you will take too many tablets. Taking too many tablets may cause symptoms such as drowsiness, shaking, fits, difficulty in breathing, abdominal pain, diarrhoea, fever, chest pain, low blood pressure and a slow heartbeat that can be fatal.

#### **If you forget to take Topogyne**

If you forget to take mifepristone or Topogyne it is likely that the termination will not be fully effective. Talk to your doctor or the prescribing centre if you forget to take Topogyne.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

## **4. Possible side effects**

Like all medicines, this medicine can cause side effects, although not everybody gets them.

If you get any side effects, talk to your doctor or pharmacist. This includes any side effects not listed in this leaflet.

The following side effects may occur:

#### **Serious Side Effects**

The risk of serious side effects increases if you take this medicine later than 49 days after the first day of your last menstrual period or if you do not take it orally.

Serious side effects include:

- allergic reaction. Severe skin rashes such as itchy red spots, blisters or lesions.

Other serious side effects include:

- cardiovascular accidents. Chest pain, difficulty breathing, confusion, or an irregular heartbeat.
- cases of serious or fatal toxic or septic shock. Fever with aching muscles, rapid heart rate, dizziness, diarrhoea, vomiting or feeling weak.

These side effects may occur if this medicine is taken later than 49 days after the first day of your last menstrual period or if you do not take it orally.

**If you experience any of these side effects contact your doctor IMMEDIATELY or go to your nearest hospital casualty department.**

#### **Other side effects**

Very common (may affect more than 1 in 10 people):

- uterine contractions or cramping
- diarrhoea
- feeling sick (nausea) or being sick (vomiting)

Common (may affect up to 1 in 10 people):

- heavy vaginal bleeding
- abdominal pain
- gastro-intestinal cramping light or moderate
- infection of the uterus (endometritis and pelvic inflammatory disease)

Rare (may affect up to 1 in 1,000 people):

- fever
- foetal death
- birth defects
- headache, dizziness and generally feeling unwell or tired
- hives and skin disorders which can be serious

Very rare (may affect up to 1 in 10,000 people)

- Localised swelling of face and/or larynx which can be with urticaria

Other side effects include

- feeling cold, shivering
- Back pain

**Tell your doctor if any of the side effects get serious or if you notice any other unwanted or unexpected effects.**

#### **5. How to store Topogyne**

Keep this medicine out of the sight and reach of children.

Do not use this medicine after the expiry date, which is stated on the carton after "Exp.". The expiry date refers to the last day of that month.

Store below 25°C.

Do not use if the box or the blister packs show signs of damage.

Do not use if the tablet has been stored outside the blister pack.

Do not throw away any medicines via wastewater.

Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

## 6. Contents of the pack and other information

### What Topogyne contains

The active substance is misoprostol.

One tablet Topogyne contains 400 microgram misoprostol.

The other ingredients are microcrystalline cellulose, hypromellose, sodium starch glycolate (type A), hydrogenated castor oil.

### What Topogyne looks like and contents of the pack

White, round, flat tablet with a diameter of 11 mm and thickness of 4.4 mm, with "M400" engraved on one side.

Topogyne is available in pack sizes of 1, 4, 16 or 40 tablets in perforated unit dose PVC-PCTFE/Alu or Alu/Alu blisters.

### Marketing Authorisation Holder and Manufacturer

#### Marketing authorisation holder

Exelgyn  
216 Boulevard Saint Germain  
75007 Paris  
France

#### Manufacturer

Nordic Pharma BV  
Tolweg 15  
3741 LM Baarn  
The Netherlands

### This medicinal product is authorised in the Member States of the EEA under the following names:

Austria: Topogyne  
Belgium: Topogyne  
Bulgaria: Topogyne  
Czech Republic: MispregnoL  
Germany: MisoOne  
Denmark: MisoOne  
Estonia: Topogyne  
Spain: MisoOne  
Finland: Misoone  
France: MisoOne  
Italy: Misoone  
Luxembourg: Topogyne  
Latvia: Misoone  
The Netherlands: MisoOne  
Norway: Misoone  
Portugal: Topogyne  
Romania: Topogyne  
Sweden: Topogyne  
Slovenia: Topogyne  
Slovakia: MispregnoL

UK: Topogyne

**This leaflet was last approved in October 2013**